

Andrea García

Ballet dancer

+52 33 2588 0813

andreaspromenade@gmail.com
[@andreaspromenade](http://www.andreaspromenade.com/ballet)

WORK EXPERIENCE

Ballet Nacional de Costa Rica, San José, Costa Rica — Ballet Dancer

AUGUST 2018 - JUNE 2019

Two seasons with the National Ballet of Costa Rica, including soloist roles such as: Lucy Westenra in *Dracula*; Two Swans, Princesses and Pas de Six in *Swan Lake*; Awakening/Prayer in *Coppelia*; and Cuban choreographer Tania Vergara's contemporary piece "Memorias Compartidas" (Shared Memories); Turquoise Precious Stone in *Aladdin*; and Swanilda in a *Coppelia* suite, as guest in the International Ballet Festival of Nicaragua.

EDUCATION

Escuela Nacional de Ballet de Cuba Fernando Alonso, La Habana, Cuba — Ballet dancer/teacher student

SEPTEMBER 2019 - PRESENT

Studies in ballet, pointe work, *pas de deux*, character dance, kinesiology, dance history, modern dance technique, Cuban ballet methodology, amongst other subjects related to the ballet dancer/teacher degree. Performances as Swanilda's friend in *Coppelia* at the *Teatro Martí*, the *Teatro Nacional* and the *Gran Teatro de La Habana Alicia Alonso*.

Continuum Contemporary Training, Guadalajara, México — Dance student

SEPTEMBER - DECEMBER 2020

Contemporary dance classes by Aranza Flores, graduate from The Mazatlan Professional School of Dance and part of the Continuum Teacher Network.

Ballet Juvenil Costarricense, San José, Costa Rica — Ballet student

SEPTEMBER 2015 - JULY 2018

3 years of ballet and *pas de deux* classes following the Cuban Technique and rehearsals, including performances as Swanilda in *Coppelia*, Dew Drop of the Waltz of the Flowers in *The Nutcracker*, Lise in *La Fille Mal Gardée* and the Courage Fairy in *Sleeping Beauty*, amongst other roles as different *corps de ballet* of those productions.

Seminars and Conventions, Costa Rica — Ballet and dance student

2016 - 2018

Including JUMP Convention Costa Rica (2016), *Seminario Intensivo de la Escuela Nacional de Ballet de Cuba y el Ballet Juvenil Costarricense* (2017), *Festival de Ballet San José* (2017) and *Encuentro de Academias para la Enseñanza del Ballet de la Escuela Nacional de Ballet de Cuba* (2016 y 2017).

SKILLS

Knowledge and execution of the Cuban Ballet Method

Contemporary, Modern and Jazz styles

Basic Acrobatics

Plastic arts, graphic design and photography

AWARDS

2nd Place All-Around, Level 4, Category 10-11 years feminine at the *Campeonato Internacional Gimnásticas*, San José, Costa Rica, 2009.

3rd Place All-Around, Level 4, Category 9-10 years feminine, *Copa Club Marbella*, Panama, November 2008

Various gold, silver and bronze medals in regional, national and international artistic gymnastics competitions.

Gold Award, Contemporary Individual Senior category, JUMP Convention Costa Rica, 2016.

LANGUAGES

Bilingual: Native level of Spanish and English

EXTRA TRAINING

Ice Skating School “Ice Castle”, Castillo Country Club, Costa Rica— *Artistic individual and couples ice skating student*

2006 - 2015

Classes and yearly performances during 9 years of individual artistic ice skating and 4 years of couples artistic ice skating.

Gimnasio Carbonell, San José, Costa Rica— *Artistic Gymnastics training athlete*

2006 - 2011

5 years of training and competitions with the gym *Gimnasio Carbonell*, including Second Place All-Around Level 4 at the *Copa Nacional Estrellas GimnasTicas* (2009) and Third Place All-Around Level 4 at the *Copa del Club Marbella en Panamá* (2008), amongst many gold, silver and bronze medals and trophies in regional, national and international competitions.

PROJECTS

Ballet Classes for children at social risk with Fundación Sifaïs — Birrí, Heredia, Costa Rica

9 months of volunteer work teaching ballet classes with children at social risk ranging in ages from 3 to 15 years old with the Sifaïs Foundation, including a final performance for the community.